

Coping with Life: Ancient Tools for Modern Problems?

A Series of Online Talks
and Shared Reflections



Organized by DFG-Project

Lebenshilfe im antiken Rom /

Coping with Life in Ancient Rome

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Klassische Philologie / Latinistik

Wednesdays, 6:15 p.m.

Online via MS Teams

Further Information:

<https://lebenshilfe.uni-mainz.de/>

♦ PROGRAMME ♦

15.04.2026

Stephanie Holton (Classics / Milton Keynes), Fabio Tutrone (Classics / Palermo)

Mourning and Consolation

29.04.2026

Emma Scioli (Classics / Kansas), Christine Walde (Classics / Mainz)

Exhaustion and Sleep

27.05.2026

Chiara Thumiger (Classics / HU Berlin), Jessica Wright (Medical Humanities / Independent)

Mental Health and Illness

17.06.2026

Vered Lev Kenaan (Classics / Haifa), Katarzyna Marciniak (Classics / Warsaw)

Childhood and Coping with Life

24.06.2026

Kathrin Gabler (Egyptology / Mainz), Albertina Oegema (Theology / Mainz)

Ageing

08.07.2026

N.N., Elina Pyy (Ancient History / Helsinki)

Pain